

Stay safe with hand sanitiser



We are using hand sanitiser more now than ever. It is an important piece in our toolkit to help keep healthy however, it is important that it is used properly. In fact, the high alcohol content means it could be dangerous if used unsupervised by young children. Here are some tips for the safe use of hand sanitiser:

- Explain how to use sanitiser to children and how dangerous it can be.
- Do not eat or drink hand sanitiser. A small amount can be poisonous.
- Do not let children bring their own hand sanitiser to school unless told to do so, as it will be provided there.
- Do not leave young children unsupervised using hand sanitiser and keep it away from pets.
- Make sure that the liquid has dried in before eating or approaching a flame.
- Hand sanitiser can be very flammable. Store it out of direct sunlight and away from heat.
- Avoid food scented hand sanitisers as children are more likely to mistakenly try to eat this.
- Do not make your own sanitiser.
- Use soap and water to wash your hands instead when possible.

For info on correct **hand washing technique** or hand washing with **sensory difficulties** check out our website [here](#).

Contact the Poisons Information Centre Ireland website for more information: poisons.ie

If you are worried that a child might have consumed hand sanitiser contact the Poisons Information Centre Ireland **Tel: 01 809 2166**

Follow our website TRes.ie and our [@TResAutism](https://twitter.com/TResAutism) for other resources and tips for safe transition back to school for students with a diagnosis of ASD.

