

Please follow HSE advice.

Self-quarantine is recommended for individuals who have been directly exposed to Coronavirus



T-RES

Autism Transition Resources

Getting a Covid-19 Test

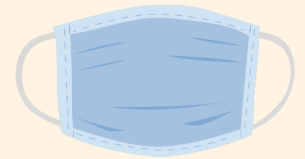
1 Wait in your car until/unless instructed otherwise

A test centre worker will usually contact you with instructions



2 Wear a mask

You will be given a mask to put on



3 Wash your hands



4 Give your contact details

Information will be taken to contact you with results



5 Blow your nose

into a tissue and dispose of it in a bin provided



6 The Test

- A tester wearing PPE will open a new swab for you
- They will use this to take a sample from your nose and the back of your throat
- This may be briefly uncomfortable but won't cause you any harm



7 Continue to Self-Isolate

until you are told not to by your doctor or the testers



8 You will receive a phone call/text with the results

and instructions on your next steps

