



Teaching Online Safety



Since the onset of the COVID-19 pandemic, almost everything has moved online at one time or another - education, entertainment, and socialising.

While technology provides us with the ability to connect and learn in many great ways, it is also important to ensure that your child is safe when connecting with the online world. The internet opens us up to some incredible resources and learning tools. It also allows us to continue to connect with people as we remain socially distanced.

However, we also need to be aware of the potential risks that come with such extensive use of the internet. Through using the internet, children are potentially being exposed to phishing, cyberbullying, scams, identity theft, etc. While these aspects of the online world are scary, there are multiple ways we can prevent our children from being exposed to them.

Below we have compiled a list of resources that you can use to ensure your child stays safe online. These resources have been selected to ensure that online engagement is a safe and enjoyable experience for all.

1. For tips on how to talk to your child about internet safety, click [here](#)
This resource created by [ambitiousaboutautism.org.uk](#) provides advice on how to discuss the topic of internet safety with your children, outlining its usefulness but also highlights the importance of monitoring how much information is shared online.
2. For advice on how to set up parental controls, click [here](#)
This resource created by [webwise.ie](#) provides clear instructions on how to set up parental controls on multiple devices.
3. For tips on how to encourage respectful communication online, click [here](#)
This resource by [webwise.ie](#) includes a helpful two-minute video highlighting the importance of being respectful online in order to combat cyberbullying.
4. For tips on how to manage screen time and boundaries with electronic devices, click [here](#)
5. For general tips and advice on internet safety please click [here](#)
6. For ASD specific resources and advice on internet safety, please click [here](#)

For other resources please check out [Autism Transition Resources: TRES](#)

